

GENERATIONS over dinner



Generations Over Dinner is built on the power of shared stories and diverse perspectives - by bridging generational divides and contributing to a more inclusive, connected community across a dinner table. At these events, tables of 8 will be thoughtfully curated to represent 3–5 generations (*ages 12-90+*). This intentional mix breaks down generational barriers by bringing together people of all ages for a meaningful, guided conversation, ensuring that every participant is seen, heard, and appreciated.

These dinners are a project of the **SALSA Social Connectedness Workgroup**, which is dedicated to ensuring that older adults have access to diverse social, educational, volunteer, and training opportunities. Across the country, people are using Generations Over Dinner events to strengthen relationships with their communities - SALSA hosts quarterly community dinners, as well as facilitator training and organizational support to those who wish to host their own Generations Over Dinner events.

SALSA – *Successfully Aging and Living in San Antonio*
is an initiative of the San Antonio Area Foundation

Website: saafdn.org/salsa

Contact: salsa@saafdn.org

Generations Over Dinner Planning

Guide with organizational toolkit
and facilitator guidelines found at:
saafdn.org/generations

